



**HELM CERTIFICATE**  
**LAC DU BOURGET TOUR – 2 JUNE 2024**  
- to be sent back to [sonia@dragonboat-attitude.fr](mailto:sonia@dragonboat-attitude.fr) -

I, the undersigned....., certify that:

- I know how to steer a dragon boat ;
- I am experienced at manoeuvring ;
- I am able to steer my boat in wind and/or waves ;
- I have already helmed in long competitions/events such as vogalonga, festivals, etc ;
- I am familiar with the Dragon Boat safety protocol and the instructions to be followed in the event of the boat capsizing.

To date ....., in .....

Signature